

We welcome you to

# Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone 905-775-2065 Fax 905-775-9241 Parish subscription with Formed.org

Email: holymartyrs of japan@archtoronto.org website: holymartyrs of japan.archtoronto.org

Parish Office Hours—Monday to Friday—9:30am to 12:30pm and 1:00pm to 4:30pm



**Pastor:** Rev. John Pak jpak@archtoronto.org  
**Associate Pastor:** Rev. Joseph Baal jbaal@archtoronto.org  
**Deacon:** Deacon David Langley  
**Lay Pastoral Associate:** Eduardo Meneses emeneses@archtoronto.org



## St. Paul Miki and Companions—Pray for Us!

### SUNDAY MASSES

Saturday Vigil: 5:00 pm  
8:00 am (Mass in Portuguese the second Sunday of the month.)  
10:00 am, 12:00 pm  
4:30 pm (Spanish Mass for Migrant Workers)  
6:30 pm

### WEEKDAY MASSES

Mondays, Wednesdays & Fridays 7:00pm  
Tuesdays, Thursdays & Saturdays 9:00am

### CONFESSIONS

Saturday: 8:00am to 8:30am and 3:30pm to 4:30pm  
or by appointment.

### BAPTISMS

Please contact Father John at jpak@archtoronto.org

### MARRIAGE

Please contact Father John at jpak@archtoronto.org

### HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to have communion brought to them or would like the Sacrament of the Sick, or simply would like to be included in the Prayers of the Faithful, contact us.

### CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841  
St. Marie of the Incarnation—905-775-3492  
St. Teresa of Calcutta—905-778-8653  
St. Charles—905-775-6762  
St. Jean de Brebeuf—905-775-8460  
St. Angela Merici—289-231-2085

### OFFICE STAFF

**Office Manager:**  
Delia McEvenue  
**Office Assistant:**  
Anna Maria Mongillo  
**Custodian/Maintenance:**  
Anthony Venroy

### MINISTERS

**Youth Minister:**  
Ray Reitzel email: reitzel@hotmail.com  
**Ministry to Migrant Workers:**  
Nancy Mora

### PARISH MINISTRIES and SOCIETIES

Alpha  
Among Friends (Ministry for grieving women)  
Catholic Moms Group  
Catholic Moms and Tots  
CWL (Catholic Women's League)  
Consolation and Hope  
EDGE Youth Ministry  
El Sembrador - Ministry to Migrant Workers  
Knights of Columbus  
LifeTeen Youth Ministry  
Liturgical Ministers  
Nossa Senhora De Fatima  
RCIA (Rite of Christian Initiation of Adults)  
Rosary Apostolate  
Sacramental Preparation & Catechesis  
St. Vincent de Paul Society  
Santissima Divinidade  
Young Adult Ministry (YAM)

### NEW PARISHIONERS: WELCOME!

We are delighted to have you join our parish family; we invite you to register by completing the form in the parish foyer or at the parish office. Offering envelopes available by request.

# WEEKLY MASS INTENTIONS

**MONDAY, March 18, 7:00PM**

+Maria De Jesus Carreiro +Abilio Soares & Carlos Soares  
+Antonio Mirassol & Family +Maria Helena Oliveira  
+Maria Caietta & Rosa Caietta +Anastacio Gatpandan  
+Alojzia & Tibor Sakac +Margaret Dudo

**TUESDAY, March 19, 9:00AM**

+Elijah Roberts & Astrid Marson

**WEDNESDAY, March 20, 7:00pm**

+Patrick Connolly

**THURSDAY, March 21, 9:00AM**

+Carmelina Tarantino

**FRIDAY, March 22, 7:00PM**

+Stan & Mary Chafe

**SATURDAY, March 23, 9:00AM**

\*ProPopulo

**SATURDAY, March 23, 5:00PM**

+Afonso Lameirinhas +Manuel da Silva

+Terezinha Texeira +Celeste & Manuel

Laranjeiro +Victor Fernandes & Parents +Jose

Rodrigues +Paulito Martins +Fatima Gaspar

+Julian Adamczyk +Stan Kaczarowski & Parana

Kaczarowski +Chad Hurtubise \*Special Intention

for Emma & Andrea White

**SUNDAY, March 24, 8:00AM – PALM SUNDAY**

\*ProPopulo

**SUNDAY, March 24, 10:00AM**

\*ProPopulo

**SUNDAY, March 24, 12:00PM**

\*ProPopulo

**SUNDAY, March 24, 4:30PM**

El Sembrador\*ProPopulo

**SUNDAY, March 24, 6:30PM**

\*ProPopulo

**PLEASE NOTE: THE MASS ON TUESDAY  
MARCH 26, 2024, WILL BE AT 7:00PM  
INSTEAD OF 9:00AM. THERE WILL BE  
NO MASS ON MONDAY APRIL 1, 2024.**

**THE ADORATION CHAPEL WILL BE CLOSED ON  
MARCH 28, 29, 30 FOR THE TRIDUUM.**



## **FIRST FRIDAY HOLY HOUR ADORATION**

Will be held on Friday April 5, 2024, at  
7:30pm following the 7:00pm Mass

## **MONTHLY REQUIEM MASS AT HOLY MARTYRS OF JAPAN – April 5, 2024, at 11:00am**

Mass will be held at the church. Mass Intentions can be  
booked at the parish office.

**2023 TAX RECEIPTS** should be received within the third  
week of March. With our most sincere thanks for your  
continued support and generosity especially during these  
difficult economic times.

# REFLECTION

Our Lord's human soul was "troubled." Other translations state that His soul was in agony. After expressing His interior suffering, Jesus identified the human temptation caused by this suffering: to flee from His "hour." Of course Jesus dismisses this temptation as a way of teaching us a lesson from His human experience.

As God, Jesus had perfect strength and always remained faithful to the mission He received from the Father. But as a human, Jesus permitted Himself to experience temptation and human suffering for many reasons. One reason was so that He could relate to us in every way. That includes being able to relate to interior human suffering. In doing so, Jesus also made it possible for us to imitate Him and to share in the strength and determination He had as He perfectly fulfilled the will of the Father. Jesus allowed Himself to endure the agony caused by foreseen suffering because we will endure similar temptations through life.

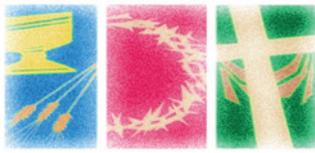
What is it that causes you fear and anxiety as you look into the future? If there is something that immediately comes to mind, try to look at that within the light of Jesus' own experience above. The first thing Jesus does is identify the temptation to fear. He does this by identifying the interior suffering He experiences and then by looking at the cause: His coming "hour." The "hour" of Jesus in the Gospel of John is a reference to His crucifixion and death. He came to suffer the consequences of our sins and to destroy death itself. But this mission of His was the cause of true human suffering and was also a temptation toward fear. But it was a fear that He perfectly overcame.

As you look at anything that tempts you to give into fear and anxiety, first ask yourself whether it is the will of God that you fulfill that action. If we are fearful of something that is not the will of the Father, then we should reject it. But very often the plan God has for our lives will include acting with courage in the face of some pending cross and suffering. Experiencing fear is normal, but fear will not turn into anxiety if we imitate our Lord and choose the will of God no matter the cost.

Jesus also embraced His Cross by looking at it through the lens of glory. He understood that His suffering and death would glorify the Father in Heaven. Therefore, He allowed Himself to see the Cross as a glorification of the Father. The same must happen in our lives. No matter what we face in life, no matter the cross we are given, if it is the will of God that we embrace it, then we must see it not only as a suffering we must endure but primarily as an act by which God will be glorified in our lives. This truer perspective will bring with it hope, joy and strength which will free us from anxiety caused by fear.

Reflect, today, upon the ways in which God is calling you to the cross. Don't allow fear to deter you. Instead, look at every pending suffering as an opportunity to glorify God in your life. See your crosses with gratitude and joy and allow this new perspective to give you the strength you need to fulfill the mission given to you by the Father in Heaven.

## TRIDUUM



### HOLY THURSDAY

Mass of the Lord's Supper

March 28, 2024, at 7:00pm (Livestream)

Followed by Adoration from 8:00pm until 12:00 Midnight  
in the Parish Hall

### GOOD FRIDAY

Celebration of the Lord's Passion

March 29, 2024, at 12:00pm and 3:00pm (Livestream)

Day of Fasting and Abstinence

Divine Mercy Chaplet after 3:00pm Service

7:00pm Solemn Stations of the Cross

### HOLY SATURDAY

Easter Vigil – Resurrection of the Lord

March 30, 2024, at 8:00pm (Livestream)

Reception after Vigil Mass

(No 9:00am and 5:00pm Mass and No Confessions)

Blessing of Food – Saturday at 10:00am

### EASTER SUNDAY

Resurrection of the Lord

March 31, 2024, 8:00am (Portuguese Mass),

10:00am, (Livestream) & 12:00pm, 1:30pm (Migrant  
Worker Ministry-Spanish Mass) No 6:30pm Mass.

Divine Mercy Chaplet at 3:00pm

### DIVINE MERCY NOVENA

We invite our entire community to pray the Divine Mercy  
Starting on Good Friday after the 3:00pm service and  
continues every day for 9 days at 3:00pm concluding on  
Divine Mercy Sunday. Please note: The church is closed on  
Easter Monday, pray the Novena at home this day.

Divine Mercy Sunday – April 7, 2024, at 3:00pm  
(Livestream) Adoration and the Chaplet *in Song*

**STATIONS OF THE CROSS – Fridays during Lent  
at 7:30pm (after the 7:00pm Mass). Let us prepare  
for the Triduum.** On Good Friday the stations will be at  
7:00pm.

### GARDEN OF LILIES

Parishioners are welcome to bring a lily plant in honor of  
the faithful departed to be placed in our Garden of Lilies  
that will adorn our altar for Easter. Plants can be dropped  
off starting Monday March 25, to Wednesday March 27,  
2024, in the foyer. Labels will be provided in the gathering  
space to put the names of your loved ones on your lilies.

### ST. JOSEPH FEAST DAY – MARCH 19, 2024

Joseph found happiness not in mere self-sacrifice but in self-  
gift. In him, we never see frustration but only trust. His  
patient silence was the prelude to concrete expressions of  
trust. Our world today needs fathers.

It has no use for tyrants who  
would domineer others as a  
means of compensating for  
their own needs.

It rejects those who confuse  
authority with authoritarianism,  
service with servility, discussion  
with oppression, charity with a  
welfare mentality, power with  
destruction. Every true vocation  
is born of the gift of oneself,  
which is the fruit of mature  
sacrifice. The priesthood and  
consecrated life likewise require



this kind of maturity. Whatever our vocation, whether to  
marriage, celibacy or virginity, our gift of self will not come  
to fulfilment if it stops at sacrifice; were that the case,  
instead of becoming a sign of the beauty and joy of love, the  
gift of self would risk being an expression of unhappiness,  
sadness and frustration. — Pope Francis, *With a Father's  
Heart*

**Hail, Guardian of the Redeemer,**

Spouse of the Blessed Virgin Mary. To you God entrusted  
his only Son; in you Mary placed her trust; with you Christ  
became man. Blessed Joseph, to us too, show yourself a  
father and guide us in the path of life. Obtain for us grace,  
mercy and courage, and defend us from every evil. Amen.

## ShareLife

### SHARELIFE SUNDAY March 17, 2024

ShareLife Sunday marks the first collection for our parish's  
annual campaign. Everyday, young people in our  
community need a helping hand due to homelessness,  
trafficking, or violence. ShareLife agencies ensure the safety  
of youth fleeing violent homes and provide them a  
supportive place to stay. This is all made possible thanks to  
amazing people like you who choose to support ShareLife.  
We thank you for your kindness and generosity. Please give  
using a ShareLife envelope or through our parish website, or  
at [sharelife.org/donate](http://sharelife.org/donate).

## YOUTH MINISTRY



Next Edge Night: March 22 – The Internal Component

## LIFE TEEN

Next Life Teen Night: March 15 – March Break No Class

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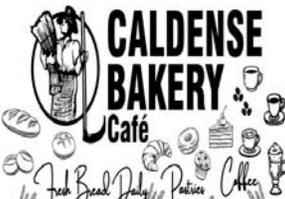


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